Team Collaboration and Performance

Duration: 0,5 day
Audience: Pour tous

Who is this training for?

- Manager
- Professional
- Coordinator
- Member of a team

Training objectives

- Understand the link between trust, collaboration and performance
- Identify the main obstacles and levers of intra- and inter-team collaboration
- Define strategies and concrete actions to improve collaboration

Summary

In a complex and constantly changing work environment, collaboration is an essential lever for collective performance. This training aims to better understand the human dynamics that support or hinder collaboration and to identify concrete ways to strengthen the effectiveness of teams. Through different eye-opening experiential activities, real-life cases, and exchanges, you will experience the power of collaboration and be able to use tangible tools in your daily life.

Course outline

- Challenges of collaboration
- The pillars of trust
- Collaboration and performance under pressure
- Levers of collaboration and transfer

Approach and methodology

1. Learning about oneself and the contents

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2. Learning together

The course of the modules is highly interactive, which allows :

- To increase the level of engagement of the participants
- To share and learn from the experience of other participants
- Use concrete examples that are easily transferable to the workplace

3. Learning in action :

Experiential activities and those aimed at concrete cases prepared by participants promote the awareness necessary for lasting change, while allowing the emergence of concrete learning that can be put into action.

Recommendations

- Prepare and reflect on your challenges
- Participate actively
- Be open and collaborative
- Contribute to the climate of trust
- Be present and engaged
- Apply what you have learned

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