Individual And Group Mentor Coaching

Duration: 2 days
Audience: Coach

Who is this training for?

This package is intended for trained or accredited coaches wishing to develop their skills according to the ICF standard, as well as candidates for ACC or PCC certification with the International Coaching Federation.

Training objectives

Following this package, the coach will be able to:

- Complete the 10 hours of mentoring required by the ICF as part of the ACC certification (ACSTH course)
- Develop and consolidate their coaching skills according to the ICF standards and competency framework
- Benefit from personalized support, thanks to individual mentoring, and enriched by the group's crossed perspectives

Summary

This mentoring package combines individual coaching and group work to enable you to obtain the 10 hours of mentoring required by the ICF as part of the ACC certification (ACSTH pathway). It includes 2 hours of one-on-one mentoring, 1 hour of listening to and analyzing an audio recording of a coaching session, as well as 2 group mentoring sessions of 3 hours and 30 minutes each (7 hours in total). Access to the mentor coach via email is also included to answer one-off questions between meetings.

Course outline

Terms and Conditions:

- This package includes 2 hours of one-on-one mentoring with the mentor coach of your choice, 2 group mentoring sessions of 3 hours and 30 minutes each (7 hours in total), as well as one hour of listening to and analyzing an audio recording of a coaching session.

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- Access to the mentor coach by email is included to answer specific questions between meetings.
- The package is designed in accordance with the ICF requirements for obtaining ACC certification.

Procedure:

- Of the 10 hours of mentoring required by the ICF, 2 hours take place one-on-one with the mentor coach of your choice, and the remaining 7 hours are carried out in small groups during two work sessions of 3 hours and 30 minutes each. The mentor coaches who facilitate these sessions are specifically trained in supervision and mentor coach posture.

Approach and methodology

Group mentoring sessions are facilitated using the Mozaik approach and are conducted in accordance with the ICF requirements for obtaining ACC or PCC certification. To learn more about the certification criteria, visit the International Coaching Federation website.

Prerequisites

Have completed an ICF-recognized coaching training course or equivalent content.

Recommendations

- Actively participate in the sessions by sharing your coaching experiences.
- Be open to receiving and giving constructive feedback.
- Take advantage of the small group format to ask questions and deepen your skills.
- Apply what you have learned between sessions to maximize gains.
- To consider group mentoring as a lever for continuous development and professionalization.

Accreditations

ICF (International Coaching Federation)

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