Group Mentor Coaching

Duration: 0,5 day
Audience: Coach

Who is this training for?

Mentoring is aimed at trained or accredited coaches wishing to develop their skills according to the ICF framework, as well as candidates for ACC or PCC certification with the International Coaching Federation.

Training objectives

- Acquire the knowledge necessary to meet the requirements for certification or renewal of an ACC, PCC or MCC designation with the International Coaching Federation (ICF)
- Deepen your understanding of your impact on the relationship created with your clients
- Identify your blind spots and develop a more accurate systemic view of the totality of situations experienced in coaching
- Explore the ethical dilemmas inherent in the practice and cultivate the reflex of reflection Ethics
- Receive targeted feedback from a certified coach mentor to consolidate your skills and enrich your practice.

Summary

The group mentoring program is designed to support accredited coaches or coaches in the process of accreditation in deepening their skills according to the ICF standard. In small groups of 2 to 4 people, participants work on the 8 fundamental skills of the coach in a structured, reflective and caring space. Each 3:30 hour session promotes the acquisition of the knowledge and skills necessary to meet the requirements for certification or renewal of the ACC or PCC designation with the International Coaching Federation (ICF).

Course outline

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During the group mentoring sessions, the coaches become aware of their areas of development and identify untapped potential. This awareness guides them towards a unique coaching style, naturally integrating the 8 essential skills defined by the ICF:

A. Foundation Demonstrate ethical practice Embody the coaching mindset

B. Co-create the relationship

3. Establishing and bringing to life contracts-pacts

4. Cultivating trust and security in the service of intimacy

5. Being and staying present

C. Communicating effectively

6. Actively listen

7. Foster the enrichment of consciousness

D. Cultivate learning and growth

8. Supporting potential and helping your client grow

The mentor coaches who facilitate these sessions are specifically trained in the supervision and posture of mentor coach.

Approach and methodology

Group mentoring sessions are facilitated using the Mozaik approach and are conducted in accordance with the ICF requirements for obtaining ACC or PCC certification. To learn more about the certification criteria, visit the International Coaching Federation website.

Prerequisites

Have completed an ICF-recognized coaching training course or equivalent content.

Recommendations

- Actively participate in the sessions by sharing your coaching experiences.
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Be open to receiving and giving constructive feedback.

- Take advantage of the small group format to ask questions and deepen your skills.
- Apply what you have learned between sessions to maximize gains.
- To consider group mentoring as a lever for continuous development and professionalization.

Accreditations

ICF (International Coaching Federation)

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