Courageous Leadership

Duration: 1 day
Audience: Pour tous

Who is this training for?

For everyone, and especially for people and team leaders

Training objectives

- Discover what characterizes courage
- Become aware of the elements that influence your decisions to act
- Explore your own levers necessary to dare courage
- Develop your ability to take risks and act authentically and courageously in difficult situations

Summary

Develop your ability to be courageous in difficult situations. Find out how to improve your managerial courage. Dare to take risks and act with courage! This training will help you demonstrate more courage within your organization by exploring your own levers and looking at the key actions related to the exercise of courage. Through practical exercises, you will become aware of the challenges you face to better develop your ability to show courage in difficult situations, with tact, diplomacy and vulnerability, for the benefit of quality relationships with your colleagues and teams.

Course outline

Part 1: The Types of Courage

- The Qualities of a Courageous Leader
- The Types of Courage
- The 3 Forms of Courageous Leadership

Part 2: The Dynamics of Courage

- The Notion of Fear and the Needs Behind Fear
- The Model of Courage and the Process of Analysis and Decision-Making
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The Conditions for Expressing Courage

Part 3: My levers for daring to be courageous

- Values: the driving force behind the courageous leader
- Relational attitudes

Part 4: My ability to act courageously

- Taking action: facing a professional situation that requires courage
- Taking action: making my professional relationships evolve with courageous gestures

Approach and methodology

- Experiential
- Reflective
- Collaborative and application

Recommendations

- Active participation and commitment throughout the training
- Openness to reflection and questioning
- Contribution to exchanges in a spirit of collaboration
- Respect for a climate of trust that promotes authentic exchanges
- Attentive presence and sustained involvement
- Participation in experiential activities (exercises, role-playing)

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