Conference : Stay in Control in the Digital Age: Time, Efficiency, and Impact

Duration: 1 hour

Summary

In a rapidly accelerating professional world, it is essential to regain meaning, clarity, and control in your daily routine. This conference offers practical strategies to break out of reactive mode, organize your time, and maximize your efficiency in a sustainable way.

Ghislain Parent, speaker, trainer, and professional efficiency advisor, passionately shares over 30 years of experience in business projects, technology, and communication. As a Microsoft 365 expert at Afi U, he helps thousands of professionals each year adopt digital practices that are simple, effective, and tailored to their needs.

With his ability to simplify complex concepts and provide immediately applicable solutions, Ghislain will help you transform your work organization to achieve better balance, greater autonomy, and lasting impact.

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